



INHERITED & RARE CV & DISEASE

Focus on Cardiomyopathies

**ACADEMY
2026**

**26-27
MAR
2026**

**Hotel Royal Continental
Napoli**

Scientific Director
Prof. Giuseppe Limongelli

L'evento nr 1439-471797 rilascia **15 crediti formativi** ed è inserito nel programma **"ECM del Ministero della Salute"**.

È rivolto alle professione di Medico Chirurgo specialista in Cardiologia, Genetica Medica, Medicina Interna, Nefrologia, Neurologia, Radiodiagnostica.

Per poter ottenere i crediti formativi sarà necessario partecipare nella misura del 90% ai lavori scientifici per i quali è stato richiesto l'accreditamento, compilare il questionario di valutazione dell'evento e la scheda di iscrizione.

Riconsegnare al termine dell'evento, presso la segreteria, tutta la documentazione debitamente compilata.

FACULTY

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Prof. Giuseppe Limongelli

Università degli Studi della Campania Luigi Vanvitelli
Ospedale Monaldi - AORN Colli
Centro Europeo (ERN) Malattie rare del Cuore
Centro Coordinamento Malattie Rare - Regione Campania



Abstract Meeting

Inherited and rare cardiovascular diseases comprise a group of more than 50 diseases, including primary arrhythmia disorders, malformation syndromes, cardiomyopathies, connective tissue disorders, congenital heart defects and metabolic diseases.

Specifically, Cardiomyopathies are diseases that directly affect the cardiac muscle, leading to alterations in both the structure and the pumping function of the heart. They are primarily classified into three main types:

- Hypertrophic Cardiomyopathy (HCM) is a disease of the cardiac muscle characterized by thickening of the heart walls, particularly the left ventricle.
- Cardiac Amyloidosis is a disorder that affects the cardiac muscle and impairs its function. This form of cardiomyopathy is caused by the accumulation of proteins of various origins in the form of insoluble aggregates (amyloid), which are deposited in the intercellular spaces of the myocardium, thereby disrupting normal cardiac function.
- Fabry Disease is a rare genetic disorder caused by a deficiency of a lysosomal enzyme, leading to the accumulation of lipid substances within the heart. This accumulation results in progressive thickening of the cardiac walls and damage to the coronary microcirculation.



Scientific Rationale

Early diagnosis of these conditions can be achieved through the recognition of characteristic clinical signs and symptoms, supported by the establishment of a multidisciplinary network at both regional and national levels.

Recent advances in scientific research have made available new and significantly more effective therapeutic options. Therefore, there is an urgent need for ongoing scientific updating and the creation of a collaborative network, particularly in the South of Italy, among clinicians involved, in order to ensure timely recognition and appropriate treatment of these diseases with the most suitable therapeutic strategies.

In 2025, a pilot Academy program was dedicated to Amyloidosis, involving expert form Campania Region (South of Italy). For 2026, the aim of the Academy is to improve the education of cardiologists and other specialist form all the South of Italy regions in the field of rare and genetic Cardiomyopathies and to highlight recent advances, with a particular focus on new approaches to diagnosis and management.



PROGRAM
26th March 2026

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- 9.00 - 10.00 Registration and Presentation
- 10.00 - 10.30 Introduction & Istitutional Greetings
- Hypertrophic Cardiomyopathy***
Coordinators: G. Limongelli, F. Verrillo
M. A. Losi, M. G. Russo
- 10.30 - 11.00 Introduction - Epidemiology & Global Burden -
Pathogenesis & Molecular Diagnosis | P. M. Elliott
- 11.00 - 11.30 Clinical Aspects and Diagnostic Work-up | E. Biagini
- 11.30 - 12.00 Multi-Imaging | F. Verrillo
- 12.00 - 12.30 Therapy and Networks | A. Argirò
Chairs: C. De Gregorio, C. Forleo
- 12.30 - 13.00 Experiences and Discussion
A. Cirillo, V. Fico, A. Fusco, R. Ruggieri
- 13.00 - 14.00 ***Light Lunch***
- Fabry Disease***
Coordinators: G. Limongelli, M. Rubino
E. Biagini, P. Calabrò, G. Galasso, G. Nigro
- 14.00 - 14.30 Introduction - Epidemiology & Global Burden - Pathogenesis
& Molecular Diagnosis | A. Argirò



PROGRAM
26th March 2026

- 14.30 - 15.00 Clinical Aspects and Diagnostic Work-up | E. Monda
- 15.00 - 15.30 Multi-Imaging | M. Rubino
- 15.30 - 16.00 Therapy and Networks | E. Biagini
Chairs: C. Chimenti, R. Citro, A. Curcio, F. Re
- 16.00 - 16.30 Experiences and Discussion
E. Bobbio, G. Citarelli, G. Diana
- 16.30 - 19.00 Group Rotation
Group 1: Genetics, Red Flags Approach, Multidisciplinary
M. Caiazza, L. Capodicasa, F. Chiosi, G. De Marchi,
M. Della Monica, F. Dongiglio, M. Galdo, A. Leone, E. Monda
- Group 2: Echo Lab: Focus on LVOT obstruction
M. A. Losi, F. Musella, G. Palmiero, F. Verrillo



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PROGRAM **27th March 2026**

9.00 - 9.30 Introduction | G. Limongelli

Amyloidosis

Coordinators: G. Limongelli, G. Palmiero
E. Di Lorenzo, S. Marazia, B. Sarubbi

9.30 - 10.00 Introduction - Epidemiology & Global Burden - Pathogenesis
& Molecular Diagnosis | M. Emdin

10.00 - 10.30 Clinical Aspects and Diagnostic Work-up | G. Bonacchi

10.30 - 11.00 Multi-Imaging | G. Palmiero

11.00 - 11.30 *Coffee Break*

11.30 - 12.30 Geriatric Aspects | C. Fumagalli

12.30 - 13.00 Therapy & Networks | M. Merlo
Chairs: M. Canepa, M. Correale, A. I. Guaricci, G. Novo, E. Stabile

13.00 - 13.30 Experiences and Discussion | V. Fico, F. Verrillo

13.30 - 14.30 ***Light Lunch***

14.30 - 17.30 Group Rotation

Group 1: Genetics, Red Flags Approach, Multidisciplinary
M. Caiazza, L. Capodicasa, F. Chiosi, G. De Marchi,
M. Della Monica, F. Dongiglio, M. Galdo, A. Leone, E. Monda

Group 2: Echo-Lab, cMRI
C. Liguori, G. Palmiero, M. Rubino, F. Verrillo

17.30 - 18.00 ECM Question

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